



DAILY JOURNAL THROUGH RAMADAN



REFLECTION AND
ACTIVITY BOOKLET

Welcome to your Ramadan Reflection & Activities Booklet, created by the Muslim Women's Coalition (MWC) to support teens and youth during this meaningful month. This booklet is here to help you move through Ramadan with intention, reflection, and purpose by setting goals, tracking your growth, and engaging in activities that make learning thoughtful and enjoyable.

Ramadan is a time to slow down, reconnect with Allah, and build habits that last beyond the month. May this booklet help you find balance between reflection and serenity, deepen your faith, and carry these lessons with you long after Ramadan ends.

Select illustrations in this booklet are provided by Primary IIm, with additional illustrations created by Nayfa Naji of the MWC.

 **414.727.4900**  **staff@mmwconline.org**

 **mmwconline.org**  **5235 S. 27th St., Greenfield, WI 53221**

The MWC is a 501c3 Not for Profit Organization; EIN 27-2805324



ISLAMIC RESOURCE CENTER

Wisconsin's only Islamic cultural center and library offering resources on Islam and Muslims.



YOUTH PROGRAMS

Strengthening leadership and personal development skills. Offering immigrants and refugees ESL, sports, arts, and cultural awareness services.



MILWAUKEE MUSLIM FILM FESTIVAL

Annual festival held at the historic Oriental Theater with director talkbacks and guest panels.



PUBLIC HEALTH

Addressing issues like mental health, women's health, bioethics and wellness specific to Muslims.



OUR PEACEFUL HOME

A culturally specific family strengthening program offering safety, housing, advocacy and legal support with multilingual resources.



WOMEN'S PROGRAM

Initiatives to provide space for connection, support and learning. The Afghan Women's Sewing Circle vitalizes employable skills.



WISCONSIN MUSLIM JOURNAL

A free online publication, read in nearly 60 countries, highlighting stories of Wisconsin's Muslim community.

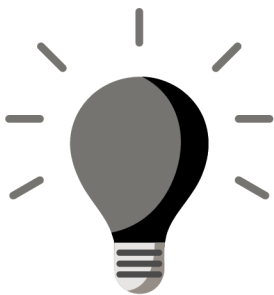


COMMUNITY OUTREACH AND EDUCATION

Engaging audiences across Wisconsin to participate in presentations, workshops, seminars, and more.

ABOUT US





DID YOU KNOW ?

01 Islam means **“surrender”** or **“submission”**. The Arabic root word for Islam means submission, obedience, peace, and purity. In a religious context, it means **“voluntary submission to God”**. A Muslim is one who voluntarily submits to the will of God.

02 Muslims worship none but Allah! Muslims neither worship Muhammad nor pray through him. Muslims solely worship the Unseen and Omniscient Creator, Allah.

03 Muslims believe in all of the true prophets that preceded Muhammad, from Adam to Jesus. As an Abrahamic faith, many of these are also Biblical Prophets. Muslims believe they brought the same message of voluntarily surrendering to God's will (Islam, in a generic sense) to different peoples at different times in history.

04 Allah (God) is called upon using 99 names or attributes. Each name has a meaning, such as Al-Rahman, **“The Merciful”**; Al-Aziz, **“The Powerful”**; and Al-Hafiz, **“The Protector.”**

05 The first word revealed from the Quran was **“read”**. To seek knowledge. The Quran stresses the importance of reading, studying, reflecting and investigating, this is a commandment prescribed to all Muslims.

06 Islam believes that all men and women were created equal, regardless of race, ethnicity, etc and that we will all be judged on our actions on the Day of Judgment.

07 One of the most powerful women in Islamic history was Khadijah, Prophet Muhammad's (Peace be upon him) wife. She was a successful businesswoman and also the first person to accept Islam.

08 A Muslim woman retains her own family name upon marriage, rather than taking the name of her husband. This symbolic act emphasizes that she remains her own person, with her own valid identity.

RAMADAN READS FROM THE IRC LIBRARY

Reading can be a meaningful part of Ramadan.
Visit the IRC Library to check out books that support learning, reflection, and creativity throughout the month.

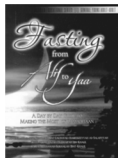


Almost Sunset by Wahab Algarmi.

This readable and relatable graphic novel follows Hassan's Ramadan journey as he balances fasting and family obligations with homework and participating in his school's soccer team. **Algarmi Juv Fic**

Craft It Up this Ramadan and Eid: Have Fun Creating Over 40 Recyclable Crafts Into Things You Love by Zayneb Abdullatif.

Kids, teens, and adults will all find some fun Ramadan and Eid inspired crafts to make and share in this book! Clear instructions and color photos make the process easy. **745.508 .A23**

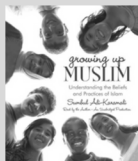


Fasting from Alif to Yaa: A Day by Day Guide to Making the Most of Ramadhaan by Umm Mujaahid Khadijah Bint Lacina al-Amreekeeyah as-Salafiyyah.

Dive into Ramadan with daily reminders about living your best Islamic life, stories of the Prophets and Messengers, and activities for all ages. Make this your best Ramadan ever! **YA 297.53 .B56**

Growing Up Muslim: Understanding the Beliefs and Practices of Islam by Sumbul Ali-Karamali.

As an Islamic teen you may have questions about just WHY Muslims do what they do and how those actions correspond to their beliefs. If you are curious about your faith, this book will help you find answers to your questions and help you explain to your non-Muslim friends why fasting, praying, and other actions are so important. **YA 297 .A45**



Ramadan Made Simple by Saniyasnain Khan.

This easy to understand pocket guide will help you learn and make the most out of this Ramadan. Gain understanding and reflect on the timeless experience of Ramadan even in our modern, technological world. **297.362 .K436**

REFLECT THIS RAMADAN

Guiding Questions for Your Month of Growth

MONTHLY GOALS

What goals am I setting for myself for this month of Ramadan?

BEHAVIOR TO IMPROVE

What is one behavior I want to improve this Ramadan?

MAKING DUAA

How can I make du'a even when I feel distant?

HOPES & WORRIES

What worries or hopes do I want to talk to Allah about?

SOCIAL MEDIA CHECK

Does my social media use align with my values this Ramadan?

AFTER EID

What habit do I want to continue after Eid?

FASTING & SELF-CONTROL

How does fasting help me control my words, anger, or habits?

CONSISTENT ACTS

What small act can I do consistently this Ramadan?

STRENGTHENING IMAN

What makes my Iman stronger?

CLOSEST MOMENTS

When do I feel closest to Allah?

ISLAMIC VALUES

What is one Islamic value I want to practice more?

BEYOND RAMADAN

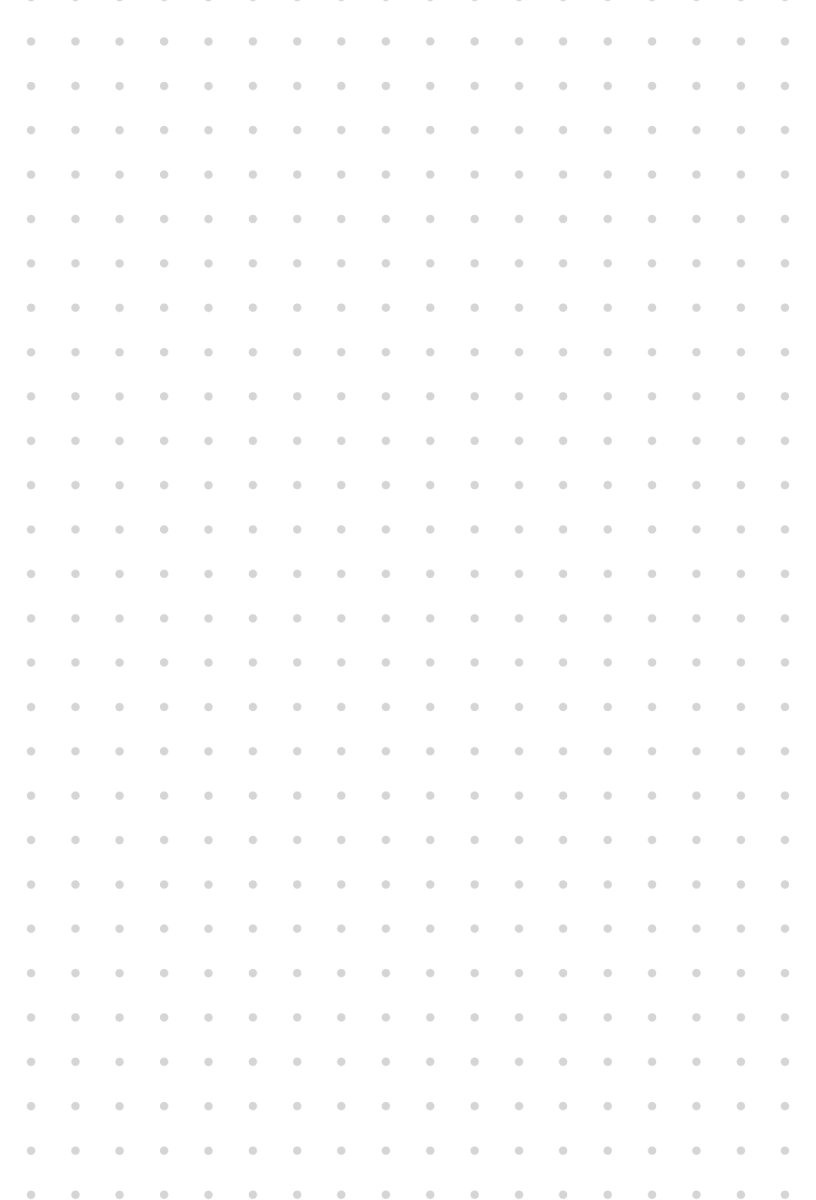
How can I stay connected to Allah year-round?

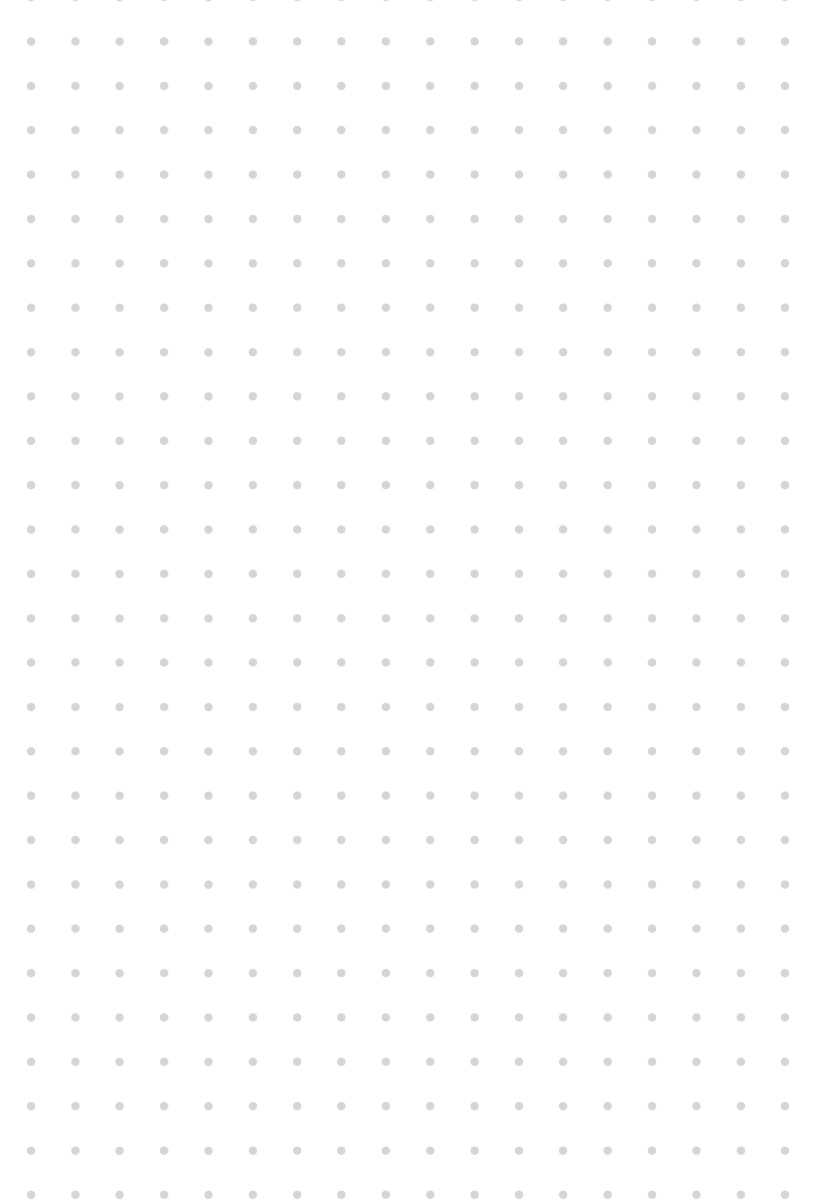
LETTER TO MYSELF

What do you want to grow or strengthen this Ramadan?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. Along the left edge, there are ten evenly spaced diamond-shaped holes, typical of a three-ring binder. The paper is otherwise blank, with no text or markings.

LET YOUR INTENTIONS GUIDE THIS MONTH





RAMADAN GOALS

Take a moment to think about each category, what's going well and what you'd like to improve. Use that reflection to write one goal for each.

[illegible]

RAMADAN CHALLENGE

Track your daily actions and reflections throughout Ramadan to observe spiritual growth, strengthen meaningful habits, and consider how to carry them forward beyond the month.

| | | | |
|---------------------------------|--------------------------------|---|----------------------------|
| Read or Listen to the Quran | Volunteer for a Good Cause | Perform Extra Prayers | Call Family or Friends |
| Increase Your Dhikr | Make a Personal Dua List | Reconnect with Old Friends | Read 20 Ayah |
| Seek Forgiveness from People | Learn Surah Al-Fatiha | Read or Listen to Islamic Lectures | Make Dua for the Ummah |
| Learn Something New About Islam | Cook and Share with Neighbors | Reflect on Your Relationship with Allah | Learn Names of Allah |
| Recite 3 Surahs | Increase Your Ibadah (Worship) | Memorize a Surah | Attend Taraweeh Prayers |
| Study Life of Prophet Muhammad | Attend a Virtual Islamic Event | Donate to MWC | Learn about Laylat al-Qadr |

Dua Reminder

In the Name of Allah with Whose Name there is protection against every kind of harm in the earth or in heaven, and Allah is All-Hearing and All-Knowing

DAY 1 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |



Daily Reflection

Quran Reminder

"Our Lord, perfect for us our light and forgive us. Indeed, You are over all things competent." (66:8)



Daily Reflection

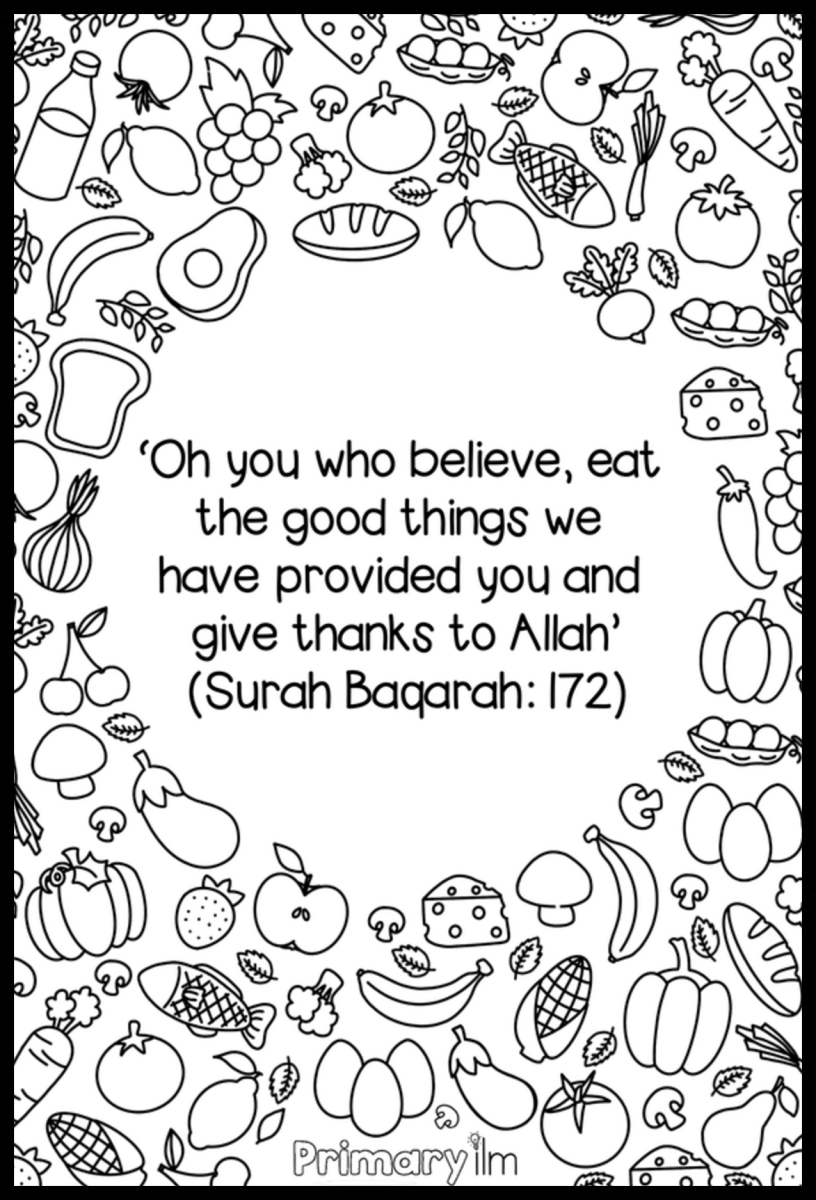
DAY 2 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |



'Oh you who believe, eat
the good things we
have provided you and
give thanks to Allah'
(Surah Baqarah: 172)

Dua Reminder

O Allah, I seek Your forgiveness and (my) well-being in this world and the Hereafter

DAY 3 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous (2:183)



Daily Reflection

DAY 4 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

The 5 Pillars of Islam

Match the name of the 5 pillars to the correct pillar

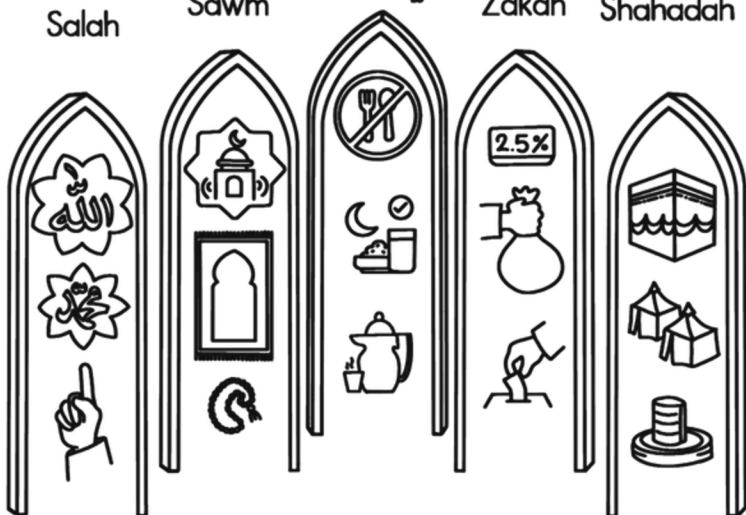
Salah

Sawm

Hajj

Zakah

Shahadah



The five pillars of Islam are
all very important.

Believing in Allah,
praying, giving charity,
fasting and doing
Hajj is what makes us
good Muslims.

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Dua Reminder

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire.

DAY 5 REFLECTIONS

Today's Mood



Ibadah Checklist

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Daily Reflection

Quran Reminder

Indeed, We sent the Qur'an down during the Night of Decree. And what can make you know what is the Night of Decree? The Night of Decree is better than a thousand months. The angels and the Spirit descend therein by permission of their Lord for every matter. Peace it is until the emergence of dawn. (97)



Daily Reflection

DAY 6 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

MAZE PUZZLE

*Find your way through the maze to
reach the mosque for Iftar.*



Start here

Dua Reminder

Oh Allah, if my intended action is best for me, make it destined and easy for me, and grant me Your Blessings in it.

DAY 7 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="radio"/> Isha | <input type="radio"/> Dhikr |



Daily Reflection

Quran Reminder

"God does not burden any soul with more than it can bear." (2:286)



Daily Reflection

DAY 8 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |

HADITH OF THE WEEK

**'He who does not thank people, does not
thank Allah.'
(Abu Dawud)**



Praise be to Allah



The Arabic above says: 'Alhamdulillah.'

This means 'praise be to Allah.'

Colour in the Arabic and trace its translation.



Dua Reminder

Oh Allah, clean away all forms of evil from my heart. Oh Allah, clean my heart and remove everything that displeases you. Oh Allah, clean my heart of every form of bitterness, hard feelings, and jealousy.

DAY 9 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"Do not lose heart or despair- if you are true believers you have the upper hand-" (3:139).



Daily Reflection

DAY 10 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

RAMADAN WORD SEARCH

S K H R K E M S V C L R I F T A R J
H H T A U K Z U T S R U P J Z J A H
U F C R B I R N P R U A N R N J B P
N A L Y H O H S I P A H M A O G I R
G M I M A N H E R G A D O A R W P A
E I B M F A S T I N G T I O D G M Y
R L T A R A W E E H O B I T R A B E
B Y C F O O D R I S Q X I E I W N R
D P C Q E I D A M A S J I D N O P P
U T A Q W A S J M C G K H B Q C N I
L L C E L E B R A T I O N Y O V E S
L M U S L I M C O M M U N I T Y L C

Celebration
Traditions
Community
Patience
Taraweeh
Fasting
Masjid

Prayer
Ramadan
Family
Hunger
Suhoor
Sunset
Muslim

Lunar
Iftar
Taqwa
Food
Iman
Eid

Dua Reminder

Oh Allah! Place in my heart, light. Place in my tongue, light. Place in my hearing, light. Place in my sight, light. Place behind me, light. Place before me, light. Place above me, light. Place under me, light. Oh Allah grant me light!

DAY 11 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |



Daily Reflection

Quran Reminder

"And will provide for them from an unexpected source; God will be enough for those who put their trust in Him. God achieves His purpose; God has set a due measure for everything." (65:3)



Daily Reflection

DAY 12 REFLECTIONS

Today's Mood

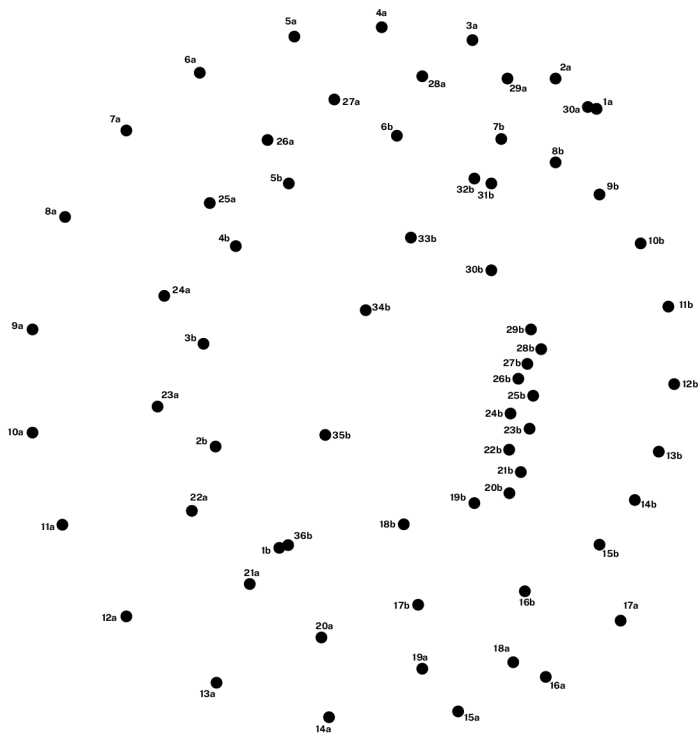


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| <input type="radio"/> Isha | <input type="radio"/> Dhikr |

DOT TO DOT

*Start with Part 1: connect dots 1a–30a.
Then move on to Part 2: connect dots 1b–36b.*



Dua Reminder

Oh Allah, if my intended action is best for me, make it destined and easy for me, and grant me Your Blessings in it.

DAY 13 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"Allah created the heavens and earth for a true purpose; He formed you and made your forms good: you will all return to Him." (64:3)



Daily Reflection

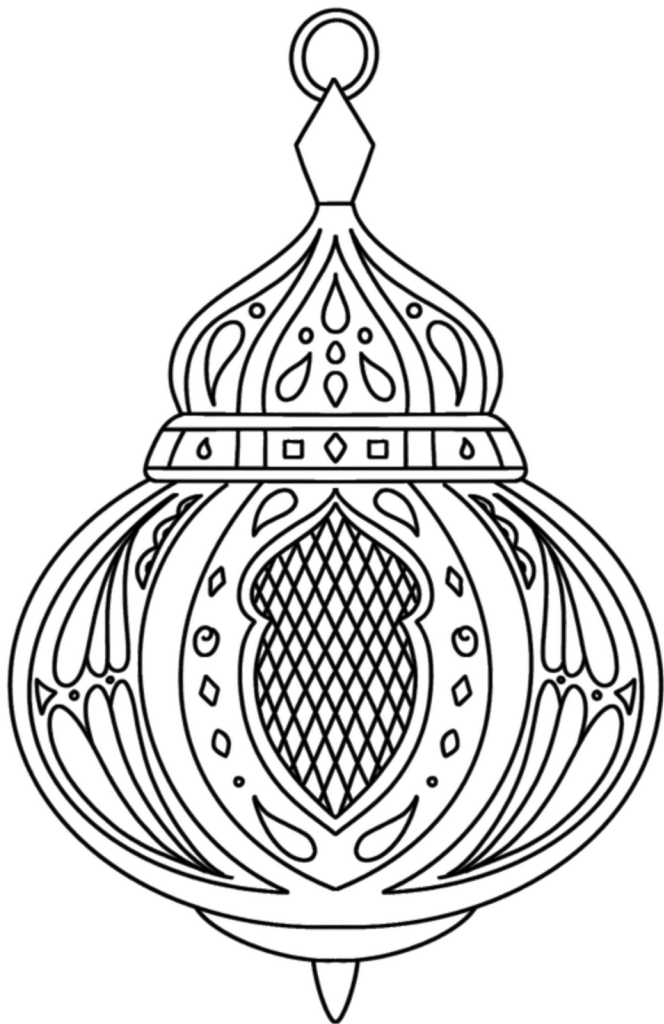
DAY 14 REFLECTIONS

Today's Mood



Ibadah Checklist

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Dua Reminder

O Allah, assist me in remembering You, in thanking You, and in worshiping You in the best of manners

DAY 15 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"Do you suppose that you will enter the Garden without first having suffered like those before you? They were afflicted by misfortune and hardship, and they were so shaken that even [their] messenger and the believers with him cried, 'When will God's help arrive?' Truly, God's help is near." (2:214)



Daily Reflection

DAY 16 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

NAMES OF ALLAH

Cross match 20 of the 99 Names of Allah SWT to their correct meanings.

The Provider

The Supremely Great & Majestic

The Constant Forgiver

The Source of Peace

The Creator

The Most Gentle & Kind

The King & Owner of all

The Opener & Granter of Relief

The Most Compassionate

The All-Knowing

The Shaper and Fashioner

The All-Powerful & Mighty

The Most Pure & Perfect

The Protector & Watchful Guardian

The Giver of Gifts

The All-Prevailing

The Restorer and Compeller

The Most Merciful

The Evolver

The Giver of Security & Faith

Ar-Rahman

Ar-Rahim

Al-Malik

Al-Quddus

As-Salam

Al-Mu'min

Al-Muhaymin

Al-Aziz

Al-Jabbar

Al-Mutakabbir

Al-Khaliq

Al-Bari

Al-Musawwir

Al-Ghaffar

Al-Qahhar

Al-Wahhab

Ar-Razzaq

Al-Fattah

Al-Alim

Al-Latif

Dua Reminder

O Allah, I take refuge in You from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debts and from being overpowered by men.

DAY 17 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"And so God gave them both the rewards of this world and the excellent rewards of the Hereafter: God loves those who do good." (3:148)



Daily Reflection

DAY 18 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

IFTAAR

Iftar is the name of the special meal that we have when breaking our fast in the evening. Muslims usually eat a date to open their fast. This is a Sunnah.



Sunnah means something that our beloved Prophet Muhammad (s.a.w) did in his life. We follow the Sunnah because it is a way to get closer to Allah.

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Dua Reminder

O Lord, give us in this world that which is good and in the Hereafter that which is good, and save us from the punishment of the Fire.

DAY 19 REFLECTIONS

Today's Mood



Ibadah Checklist

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| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
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Daily Reflection

Quran Reminder

"Who believe in God and the Last Day, who enjoin what is right and forbid what is wrong, who are quick to do good deeds. These people are among the righteous." (3:114)



Daily Reflection

DAY 20 REFLECTIONS

Today's Mood

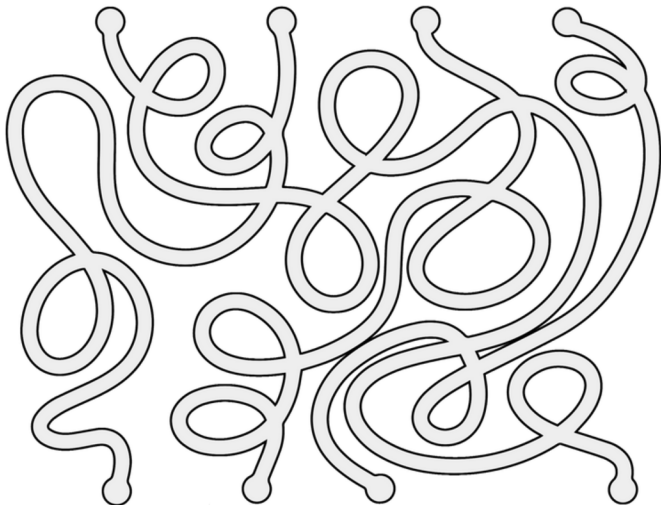


Ibadah Checklist

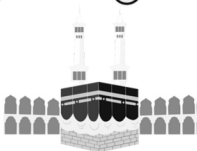
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| <input type="radio"/> Fasting | <input type="radio"/> Tarawih |
| <input type="radio"/> Fajr | <input type="radio"/> Witr |
| <input type="radio"/> Dhuhr | <input type="radio"/> Dhuha |
| <input type="radio"/> Asr | <input type="radio"/> Tahajud |
| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |

WHO'S GOING WHERE?

Where will they be praying today?



Home
Sweet Home



Makkah
Masjid al-Haram & Kaa"ba



Madinah
Masjid an-Nabawi



Jerusalem
Masjid al-Aqsa

Dua Reminder

My success is not but through Allah. Upon Allah I have relied, and to Him I return.

DAY 21 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|-------------------------------|-------------------------------|
| <input type="radio"/> Fasting | <input type="radio"/> Tarawih |
| <input type="radio"/> Fajr | <input type="radio"/> Witr |
| <input type="radio"/> Dhuhr | <input type="radio"/> Dhuha |
| <input type="radio"/> Asr | <input type="radio"/> Tahajud |
| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |



Daily Reflection

Quran Reminder

"Our Lord, we have wronged ourselves, and if You do not forgive us and have mercy upon us, we will surely be among the losers." (7:23)



Daily Reflection

DAY 22 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|-------------------------------|-------------------------------|
| <input type="radio"/> Fasting | <input type="radio"/> Tarawih |
| <input type="radio"/> Fajr | <input type="radio"/> Witr |
| <input type="radio"/> Dhuhr | <input type="radio"/> Dhuha |
| <input type="radio"/> Asr | <input type="radio"/> Tahajud |
| <input type="radio"/> Maghrib | <input type="radio"/> Rawatib |
| <input type="radio"/> Isha | <input type="radio"/> Dhikr |

ISLAMIC WORD SEARCH

A S U N N A H S M X P H M W P Z C S
B Q F U K B V H U X K N Y I O U V A
Q J H H A A W A H S I C D M M V S W
G A J H A J J H A A A F J A E X A M
Z N U O B U M A M Q K Z H N C A L C
A G N J F Z D D M A T H U X C R A L
K E D D C U Z A A D U A I A A F H X
A L J A N N A H D R Y C B R M R E K
T S Z W Y X G S L F Y G V M A E B Y
D H D L A L H A M D U L I L A H E N
L I S L A M E D I N A Y B Y A Y J N
Q K K W R N G C M A S J I D K G C G

Akhirah
Angels
Jannah
Medina
Salah
Sunnah
Alhamdulillah

Dua
Iman
Masjid
Muhammad
Sawm
Zakat
Ameen

Hajj
Islam
Mecca
Qadr
Shahadah

Dua Reminder

My Lord, increase me in knowledge.

DAY 23 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Fasting | <input type="checkbox"/> Tarawih |
| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"You shall never attain the (perfect standard) of righteousness until you spend (in charity) from (the wealth) that you love; and whatever you spend, Allāh surely knows it." (3:9)



Daily Reflection

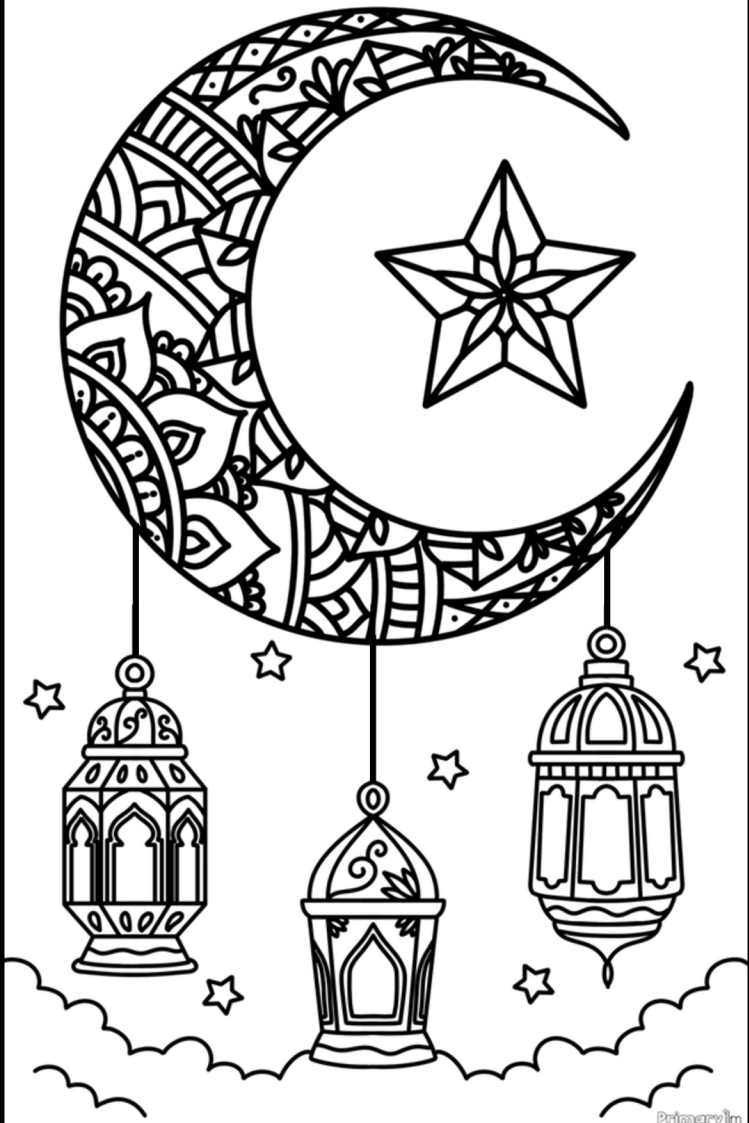
DAY 24 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
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| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Dua Reminder

O Allah, there is no ease except in what You make easy.
If You wish, You can make the difficulty easy.

DAY 25 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Fasting | <input type="checkbox"/> Tarawih |
| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"Is the reward of goodness anything but goodness?" (55:60)



Daily Reflection

DAY 26 REFLECTIONS

Today's Mood

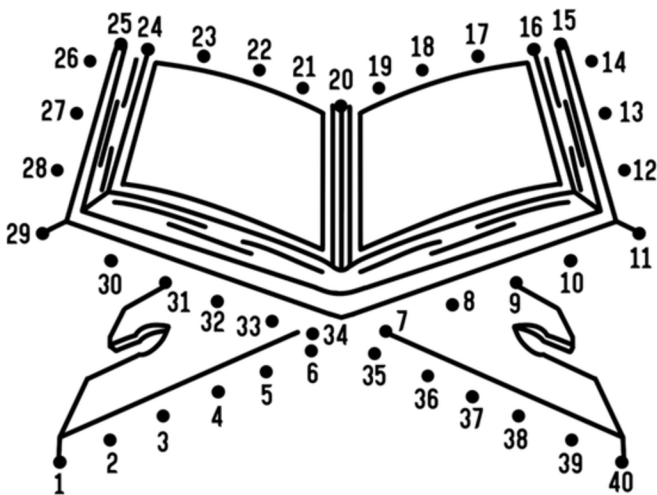


Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
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| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

HADITH OF THE WEEK

'The best of you is he who learns the Quran
and teaches it.' (Sahih Al- Bukhari)



Join the dots and
colour in the picture.



Dua Reminder

O Allah! I entrust You with what I have read and what I have memorized and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things.

DAY 27 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Fasting | <input type="checkbox"/> Tarawih |
| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

"Verily the charitable men and the charitable women are those who have lent a goodly loan to Allāh so that it may be doubled for them and they shall have a noble reward." (57:18)



Daily Reflection

DAY 28 REFLECTIONS

Today's Mood

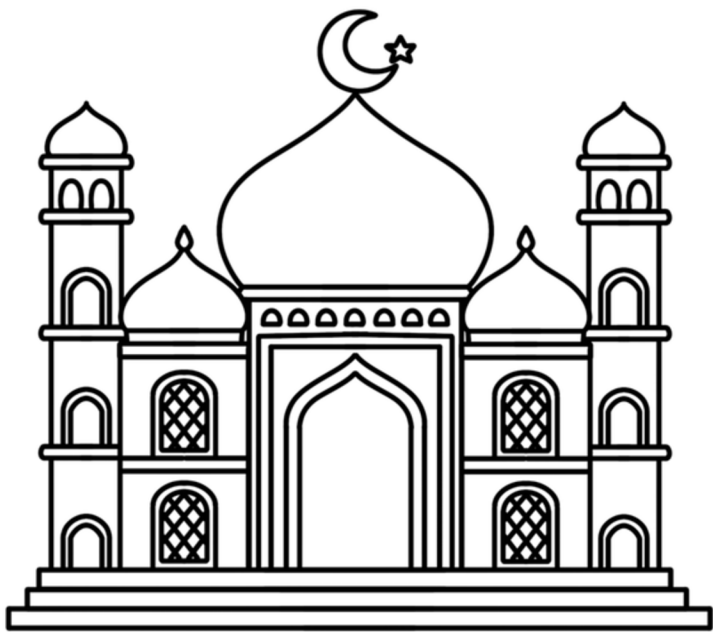


Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Fasting | <input type="checkbox"/> Tarawih |
| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

HADITH OF THE WEEK

'The dearest parts on the earth in the sight of Allah
are its mosques.' (Sahih Muslim)



Colour in the mosque.



Dua Reminder

O my Lord! Open for me my heart (grant me self-confidence, contentment, and boldness); Ease my task for me. And remove the impediment from my tongue, so people may understand my speech.

DAY 29 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Fasting | <input type="checkbox"/> Tarawih |
| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |



Daily Reflection

Quran Reminder

O believers! Seek comfort in patience and prayer. Allah is truly with those who are patient. (2:153)



Daily Reflection

DAY 30 REFLECTIONS

Today's Mood



Ibadah Checklist

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Fasting | <input type="checkbox"/> Tarawih |
| <input type="checkbox"/> Fajr | <input type="checkbox"/> Witr |
| <input type="checkbox"/> Dhuhr | <input type="checkbox"/> Dhuha |
| <input type="checkbox"/> Asr | <input type="checkbox"/> Tahajud |
| <input type="checkbox"/> Maghrib | <input type="checkbox"/> Rawatib |
| <input type="checkbox"/> Isha | <input type="checkbox"/> Dhikr |

PROPHETS WORD SEARCH

Q O G O E V T K W C W Y A Q U B E A
C B L V L S U L A Y M A N R O H R K
M U H A M M A D K Q S A Y A H Y A S
N S H U A Y B H B A Y Y U B D X X J
I J A M E Z A K A R I Y A I H B E I
S K L D Y U N U S Q U N M S U X N S
M H Y A U P N E R B B U B A L H D H
A U A W R H E H Y F E H D M K P A A
I D S U I D R I S I B R A H I M L Q
L C A D A M H A R U N V G F F L U H
M R Y X Y U S U F I L Y A S L I T Z
S A L I H V I T X A S P R M U S A C

Adam
Idris
Nuh
Hud
Salih
Ibrahim
Lut
Ismail

Ishaq
Yaqub
Yusuf
Shuayb
Ayyub
Dhul-Kifl
Musa
Harun

Dawud
Sulayma
Ilyas
Alyasa
Yunus
Zakariya
Yahya
Isa
Muhammad

[illegible]

LET YOUR INTENTIONS GUIDE THIS MONTH

[illegible]

LET YOUR INTENTIONS GUIDE THIS MONTH



30 DAY FAST TRACKER

*Ramadan is the month of the Qur'an.
Use this tracker to reflect on your fasting,
intention, and growth throughout the month.*

| | | | | | |
|--------|--------|--------|--------|--------|--------|
| DAY 1 | DAY 2 | DAY 3 | DAY 4 | DAY 5 | DAY 6 |
| DAY 7 | DAY 8 | DAY 9 | DAY 10 | DAY 11 | DAY 12 |
| DAY 13 | DAY 14 | DAY 15 | DAY 16 | DAY 17 | DAY 18 |
| DAY 19 | DAY 20 | DAY 21 | DAY 22 | DAY 23 | DAY 24 |
| DAY 25 | DAY 26 | DAY 27 | DAY 28 | DAY 29 | DAY 30 |